

February 2010 Practice Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	8 SE 5-6:30 AM SE 4:30-6:45 PM <u>BR 4:30-6 PM</u> <u>SR 5:15-8 PM</u> <u>G 6:15-8:30 PM</u> <u>NO SILVER PRACTICE</u>	9 SE 4:30-7:30 PM OW 4:30-5:30 PM G 4:30-6:45 PM SR 5:30-8:15 PM S 7:15-8:30 PM	10 SE 5-6:30 AM <u>MAND. SE PRACTICE</u> <u>SR 5:30-7:45 PM</u> <u>G 5:30-7:15 PM</u> <u>S 7-8:30 PM</u> <u>BR 7:45-8:30 PM</u>	11 SE 4:30-7:30 PM OW 4:30-5:30 PM G 4:30-6:45 PM SR 5:30-8:15 PM <u>NO BR/SILVER</u>	12 SE 5-6:30 AM <u>NO AFTERNOON PRACTICE ANY GROUP</u> <u>SNCO MEET</u>	13 <u>NO AFTERNOON PRACTICE ANY GROUP</u> <u>SNCO MEET</u>
<i>14</i>	15 SE 5-6:30 AM SE 4:30-6:45 PM SR 6-8:30 PM G 6:15-8:30 PM S 5:30-7 PM BR 4:30-5:45 PM	16 SE 4:30-7:30 PM OW 4:30-5:30 PM G 4:30-6:45 PM SR 5:30-8:15 PM S 7:15-8:30 PM	17 SE 5-6:30 AM SE 4:30-6:45 PM SR 6-8:30 PM G 6:15-8:30 PM S 5:30-7 PM BR 4:30-5:45 PM	18 SE 4:30-7:30 PM OW 4:30-5:30 PM G 4:30-6:45 PM SR 5:30-8:15 PM <u>NO BR/SILVER</u>	19 SE 5-6:30 AM SE 4:30-6:45 PM SR 6-8:30 PM G 6:15-8:30 PM S 5:30-7 PM BR 4:30-5:45 PM	20 SE/SR 7-10:15 AM G 9:15-11 AM S/BR 9:15-10:45 AM
<i>21</i>	22 SE 5-6:30 AM SE 4:30-6:45 PM <u>BR 4:30-6 PM</u> <u>SR 5:15-8 PM</u> <u>G 6:15-8:30 PM</u> <u>NO SILVER PRACTICE</u>	23 SE 4:30-7:30 PM OW 4:30-5:30 PM G 4:30-6:45 PM SR 5:30-8:15 PM S 7:15-8:30 PM	24 SE 5-6:30 AM SE 4:30-6:45 PM SR 6-8:30 PM G 6:15-8:30 PM S 5:30-7 PM BR 4:30-5:45 PM	25 OW 4:30-5:30 PM <u>SE 4:30-6:45 PM</u> <u>SR 5:30-7 PM</u> <u>G/S/BR 6:45-8 PM</u>	26 SE 5-6:30 AM SE 4:30-6:45 PM SR 6-8:30 PM G 6:15-8:30 PM S 5:30-7 PM BR 4:30-5:45 PM	27 SE/SR 7-10:15 AM G 7-9:15 AM ONLY STATE SWIMMERS REGIONAL MEET
28 REGIONAL MEET	<i>1.</i> SE 5-6:30 AM <u>SE/SR STATE 4:30-6:45</u> <u>6:30-8 G/S/B NON STATE</u> <u>6:30-8:30 12/U STATE</u>	<i>2.</i> 4:30-6:45 PM 12/U STATE OW 4:30-5:30 PM 5:15-7:30 SE/SR STATE 7:30-8:30 13/O NON-STATE	<i>3.</i> SE 5-6:30 AM <u>SE/SR STATE 4:30-6:45</u> <u>6:30-8 G/S/B NON STATE</u> <u>6:30-8:30 12/U STATE</u>	<i>4.</i> 4:30-6:45 PM 12/U STATE OW 4:30-5:30 PM 5:15-7:30 SE/SR STATE 7:30-8:30 13/O NON-STATE	<i>5.</i> SE 5-6:30 AM <u>SE/SR STATE 4:30-6:45</u> <u>6:30-8 G/S/B NON STATE</u> <u>6:30-8:30 12/U STATE</u>	<i>6.</i> <u>13/O STATE 7-10:15 AM</u> <u>9:15-11 12/U STATE QUAL</u> <u>9:15-11 13/O NON STATE SWIMMERS</u>